

**MEETING OF THE
WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**
Minutes

DATE: Monday, September 8, 2025
TIME: 3:00 p.m.
PLACE: Oshkosh Human Services Building Room 033

MEMBERS PRESENT: Paul Janty, Harold Singstock, KristL Laux, Anna Malek, Jim Lauer, Elizabeth Jones (virtual)

MEMBERS EXCUSED: Brooke Slick, Tanisha Alvarado

STAFF PRESENT: Elizabeth Wagner, Brian Nagler, Julie Kotajarvi, Alisa Richetti, Lori Duclon, Melissa Sell, Jill Butler, Ashley Beattie-Lokken (virtual), Nicole Hecimovich

OTHERS PRESENT: Human Services Chair Larry Lautenschlager

CALL TO ORDER – AGENDA ITEM A:

Chairman Paul Janty called the meeting to order at 3:05 p.m.

AGENDA ITEM B1 – APPROVE MINUTES OF THE AUGUST 11, 2025, AGING AND DISABILITY RESOURCE CENTER COMMITTEE MEETING:

Harold Singstock made a motion to approve the August 2025 minutes, seconded by KristL Laux. Motion carried.

AGENDA ITEM C – PUBLIC COMMENTS:

There were no comments.

AGENDA ITEM D1 – BUSINESS ITEMS – DEMENTIA CARE UPDATES – ALISA RICHETTI:

Alisa provided the following quarterly updates:

- New – Boost Your Brain and Memory class starting today at the Omro Community Center with the purpose of helping mitigate the risk of dementia.
- A Day with Lewy Conference – Schedule and presenter are set for this October conference being held at the UW-Oshkosh Culver Center. 120 individuals are registered to attend.
- Powerful Tools for Caregivers starts October 17th at the Oshkosh Public Library. This six-session course is for caregivers of any kind.
- Fox Valley Memory Project received a grant from the Alzheimer's Association to start a five-hour respite program held on Fridays from 10-3 at Neenah Goodwill. Fee is \$20, meal is provided. ADVOCAP is providing transportation so several individuals from Oshkosh can attend.
- New – Men's Support Group is being held 10 AM the first Wednesday of every month starting 09/04/2025 at the Caramel Crisp Café in Oshkosh. The group is for male caregivers.

- Upcoming Memory Screening Events – presentations on brain health along with memory screenings are being held: 11/05/2025 Omro Library, 12/08/2025 Omro YMCA, and 11/13/2025 Neenah-Menasha YMCA. Alisa is also working with the Oshkosh Housing Authority social worker to set up memory screening events for Fox View in Omro and Riverside in Winneconne. Screening results are confidential, and recipients can opt to have the results forwarded to their physician. Education is provided on normal aging versus potential signs for concern.
- ADRC Dementia Capable Training for new staff is being held in October/November and consists of four training modules.
- Behavioral Health and Crisis Staff Training – Alisa is working on a PowerPoint to provide self-directed dementia training to behavioral health and crisis staff.
- Crisis Intervention Team (CIT) Training will be held on 10/13/2025 at the Oshkosh Police Department.
- Virtual Dementia Trainings continue to be available at Parkview for staff, caregivers, and the public.

AGENDA ITEM D2 – BUSINESS ITEMS – ADRC NEWSLETTER – MELISSA SELL: The ADRC newsletters started in June of 2020 with the goal of helping the community understand more about ADRC services, introduce staff, marketing, events, and more. Newsletters are mailed to approximately 60 community members, emailed to about 400, paper copies are placed at ADRC locations, and is also available on the ADRC website. *Ask the ADRC* is written by staff member Jill Devine providing information on commonly asked questions. Melissa and Alisa write the remainder of the ADRC newsletter with Alisa providing the dementia related materials contained in the last two pages. Staff member Amanda provides newsletter editing. Melissa asked for feedback regarding font size, fliers, ideas for events, and other content. Comments included: appreciation of receiving as a paper copy, a question on needing non-staff help putting together the newsletter, include some information from the Public Health newsletter such as it being time for flu shots, client testimonials, article spotlighting members of ADRC committee, provide ideas for good books, podcasts, or movies, have paper copies available at the Senior Center, use QR codes to link to other newsletters and the ADRC website, and keep the font size large and legible. **Jill Butler** provided clarification that Welcome to Medicare classes are held at Human Services buildings in Oshkosh and Neenah.

AGENDA ITEM D3 – BUSINESS ITEMS – LEGISLATIVE UPDATES:

Elizabeth Wagner shared that **Beth Roberts** had reached out to some of the local legislators who had tentatively planned to attend today's committee meeting before plans changed. Members expressed interest in receiving an update regarding the new budget, Medicaid services, services for elderly and disabled, FoodShare Program, and also whether there are any initiatives being worked on to support caregivers which **KristL Laux** will convey this to Kristin Alfheim in order to prep for the upcoming meeting with legislators.

AGENDA ITEM E1 – COMMITTEE MEMBER UPDATES:

Jill Butler provided the following updates:

- Transition – Jill announced her transition to a supervisory role within the Behavioral Health Unit and that **Nicole Hecimovich** will be replacing her as ADRC program supervisor. Nicole was in attendance and provided a self-introduction.
- APS staff position has been filled by **Helena Lowey** who starts Thursday. Helena had interned with the department.

- APS calls and referrals – July=95, August=76.
- Benefit Specialists – Welcome to Medicare classes are in September and October, followed by eight weeks of open enrollment with plan comparisons.
- Senior Expo is being held 10/01/2025 at the Oshkosh Convention Center.
- Finding Balance Expo – ADRC partnered with Public Health for the expo with a booth focused on what can be done to improve balance with diet, exercise, and lifestyle.

Elizabeth Wagner reported the following updates:

- Board Member Reapprovals – **Jim Lauer, KristL Laux, Harold Singstock, Brooke Slick, and Rob Paterson** were all reapproved as board members by the County Ex's Office. Approvals are pending for **James Ponzer** and **Michael Robinson**. New member recruitment continues yearlong. **Elizabeth Jones** will be applying for reapproval.
- Upcoming Agenda Items: Presentations by LSS Making the Ride Happen and Long-Term Care Ombudsman Program.
- Funding Update: ADRC received an increase of \$30,000 in funding.
- September is Falls Prevention Awareness month.

Lori Duclon gave the following updates:

- New - Mind Over Matter incontinence class for women starts 09/11/2025 at the YMCA.
- Stepping on Class – Lori reported working with the Oshkosh YMCA to provide a new eight-week Stepping On Class for this fall.
- Tai Chi - There is a new tai chi instructor at the Omro Senior Center. After the new year, classes will be offered will be starting at the housing.
- Falls Referrals – there has been a decrease in falls referrals from the Fire Department due to resources being provided to those who experience a fall.
- Reminder – Respiratory Season is coming. Flu shots are available at pharmacies and at Time of Your Life Expo.
- School for Seniors is being held 10/03/2025 presented by the Neenah Committee on Aging with a theme of home safety.
- Brain Health will be held Wednesday at the Senior Center with tables and breakout sessions.
- Falls Prevention Month – there are many events in the area in September with this theme. Consult the ADRC newsletter or Public Health newsletter for details.
- COVID recommendations – shots are available for individuals 65+ or with a chronic health condition.
- Measles Vaccine – Lori will pass on measles information to Elizabeth to be shared through the ADRC newsletter.

Anna Malek reported having had a positive experience when she contacted an elder benefit specialist this morning.

KristL Laux shared concerns about the disabled population regarding inadequate transportation programs, inadequate caregivers, and the need for mental health screenings to be done more often.

Melissa Sell explained how ADRC staff assist disabled individuals with resources and advocacy.

Elizabeth Jones expressed the need to develop communities with natural supports for disabled

individuals. She shared the link to a plan being developed in Franklin Wisconsin.

<https://www.communitiesofcrocus.org/>

Elizabeth Wagner shared information about Children's Long-Term Support (CLTS) services as well as about transportation services provided by MTM and ADVOCAP.

Harold Singstock had no updates to share.

Jim Lauer reported that he delivered all the ADRC directories and can deliver more when the new directory comes out. Jim shared his support of the concerns **KristL Laux** voiced earlier in the meeting and expressed the need for more advocacy for the disabled population. He suggested that the ADRC Committee agendas clearly show that the committee is focusing on issues disabled individuals are experiencing and additionally bring in speakers addressing the topic. **Paul Janty** stated that future agenda items the disabled population are experiencing: 1) transportation issues, 2) access to vaccines, 3) social interaction.

AGENDA ITEM E2 – DATA REPORT & DAY TO DAY – BRIAN NAGLER:

- Staff Maternity Leave – A coverage schedule has been set up for the receptionist's upcoming maternity leave.
- August Data – Family Care and IRIS enrollments=46, transfers between MCOs=15, long-term care functional screenings=35.

AGENDA ITEM F – "COMMUNITY BEAT" – SHARING OF COMPLIMENTS/COMPLAINTS FROM COMMUNITY, CONSUMERS, PROVIDERS:

None.

AGENDA ITEM G – ITEMS FOR NEXT AGENDA:

- LSS – Making the Ride Happen presentation (October)
- Long-Term Care Ombudsman Program presentation (November)
- Addressing issues disabled individuals are experiencing with 1) transportation, 2) interface with public health regarding access to vaccines issues, 3) social interaction.

AGENDA ITEM H – NEXT MEETING DATE:

Monday, October 13, 2025, 3:00 p.m.

AGENDA ITEM I – ADJOURN:

The meeting was adjourned by **Paul Janty** at 4:36 p.m.

Respectfully submitted by Julie Kotajarvi and Deb Thill, Human Services Department/jk/dt