

**WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

MEETING MINUTES

DATE OF MEETING: Monday, November 11, 2024

TIME OF MEETING: 3:00 p.m.

PLACE OF MEETING: Oshkosh Human Services Building, Room 033, 220 Washington Avenue,
Oshkosh, WI 54901

Members Present: Paul Janty, Harold Singstock, Jim Lauer, Anna Malek, KristL Laux, Elizabeth Jones (virtual)

Members Absent: Sue Ertmer, Brook Slick, Tanisha Alvarado, Barry Christensen

Staff Present: Beth Roberts, Brian Nagler, Jill Butler, Alisa Richetti, Jennifer Ruetten (virtual)

Others Present: Jim Collins (City of Oshkosh Transportation Director), Steve Tomasik (Transit Operations Manager), Lori Duclon (Public Health), Kristine Hutter (Menasha Public Health)

- A. Call to Order – **Jim Lauer** called the meeting to order.
- B. Approval of September and October 2024 Meeting Minutes: October minutes were approved unanimously
- C. Public Comments: No comments.
- D. Business Items:
 - 1. 85.21 Transportation Plan: ADRC Supervisor **Jill Butler** stated that a new system called TMS is being used to apply for the 85.21 grant. Application deadline is December 12th. Jill added that a secondary grant is also being applied for and updates will be provided on both grants at the next committee meeting.
- E. Reports:
Committee Member Updates:

Jim Lauer – Last week Jim attended the Menasha meeting where they are seeking another member. Transportation is a big item of concern in Menasha and Neenah.

Dementia Care Updates – Alisa Richetti:

- Caregiver Conference is this Thursday with presentations, bingo with exercise, caregiver panel of spouses/parents with dementia, virtual dementia tours, activities, Mindworks class, and resource tables from area nonprofits providing dementia supports. 70 people signed up so far.
- Powerful Tools for the Caregiver Class started today at FVTC which is a free six-week workshop for caregivers, not specific to dementia. 5 people have joined the class.
- Staff Training – In September, Alisa provided staff and interns with another round of dementia training on memory screenings and dementia resources.
- Dementia Care Specialists statewide met in Madison for a September two-day event with sharing of information and resources, an evening event hosted by Governor Tony Evers, and speakers from the Wisconsin Alzheimer's Institute who shared updates on dementia research and treatments.

- Outreach – Outreach in the last couple months included attendance at the ADRC Senior Expo, YMCA Adult Resource Fair, Oshkosh Senior Center Health and Wellness Fair, as well as providing a presentation at the School for Seniors on brain health, community programs, and prevention. Presentations were also given to the Oshkosh Rotary and Heritage CBRF along with virtual dementia tours. **Beth Roberts** gave a reminder that the virtual dementia tour is held once a month at Parkview and is open to all. Registration can be done through the ADRC website.
- No Waitlist – there is no waitlist for dementia care consultations.
- Q: Does the ADRC have any current contracts for adult daycare services?
A: The ADRC currently contracts with St. Paul Elder Care in Kaukauna and Oshkosh Clarity Care for adult daycare services. Another vendor is also considering applying for a contract.
- Q: Are any local hospitals having trouble finding placement for people with dementia? Is there a waitlist or how this handled?
A: **Jill Butler** responded that when there is a dual diagnosis of geriatric psych then there can be difficulty finding placement especially when individuals are under a Chapter 55 protective placement then hospital stays end up being longer. Work is being done to have a designated specialized facility with a unit that specializes in dementia services including for individuals with protective placements.

Nutrition Program Updates:

- **Beth Roberts** reported having met with ADVOCAP to address the questions that arose at the October ADRC Committee meeting. ADVOCAP currently serves approximately 400 home-delivered meals every weekday. Donations have increased slightly. Beth shared that one idea is to send out information on actual meal costs so that donation contributions might become more aligned with the actual cost paid to Canteen of \$5.71/meal (2024), \$5.77 (2025). ADVOCAP is also pursuing grants to help supplement program expenses.
- The ADRC has requested that individual assessments be conducted to 1) ensure that only homebound individuals receive home-delivered meals, 2) for each individual determine which days home-delivered meals are actually needed, and 3) to provide education on proper nutrition along with checking in on individuals.
- The 2025 ADVOCAP contract has an added provision that restaurant options be added to supplement congregate settings.
- Approximately \$750K of county levy is currently spent on the nutrition program.
- **Elizabeth Jones** provided a suggestion that all homebound participants have an iPad mounted near their eating area to allow for conversations with others while eating as well as to serve as a means for checking that individuals are eating properly. The Committee discussed various devices which could be used for this purpose and if purchased in large quantities that could provide cost savings. Beth added that the Oshkosh Senior Center's Connect with a Tech Program offers classes where volunteers are paired with an individual to them help decide which device best suits their needs along with how to use the device. The program may also have some funding remaining for those who cannot afford a device. Elizabeth added that a device donation program could also assist those in need of a device as most "older" devices are capable of video conferencing.

F. Community Beat – Sharing of Compliments/Complaints from Community, Consumers, Providers:

Anna Malek spoke to the committee regarding distribution of ADRC Resource booklets in the Winneconne area. Anna noted the underlying theme of transportation issues for individuals living at Highlands and Riverside and Beth will follow-up regarding that.

Beth Roberts shared the following updates:

- New client-based software – the ADRC is converting to a new software system with implementation being anticipated by December 2nd.

- 2025 ADRC budget – The budget remains primarily the same as 2024 aside from a staff wage increase along with inclusion of a staff position that were previously contracted: a part-time resource person and a Medical Assistance assistant.

Brian Nagler provided the following updates:

- Annual staff performance evaluations are almost complete. Brian shared that one staff implemented a goal to regularly meet with hospital discharge planners to foster communication so that individuals who do not have a funding source are not left sitting in a hospital and can instead be started on a long-term care program.
- October Enrollments: There were 66 enrollments to Family Care and 86 unduplicated individuals received functional screenings. Brian can provide a presentation to the Committee at an upcoming meeting on the process entailed with functional screenings.

Jill Butler shared the following updates:

- The 2025-2027 Aging Plan was recently submitted to GWAAR for final review which included the five goals Beth presented to the Committee last month.
- Leaf No One Behind event was held on Sunday, November 3rd in which 30 households received yard waste removal through the help of 70 volunteers.
- Caregiver Conference will be held this Thursday.

Lori Duclon gave the following updates:

- Caregiver Conference – Lori will have a resource table at the Caregiver Conference.
- Increased Referrals – Lori reported seeing an increase in 2-1-1 referrals related to falls.
- Strong Bones Classes – volunteer teachers are being sought.
- Stepping On 7-week classes are finishing up.
- Increased whooping cough cases – Lori gave a reminder to practice prevention when sick or around others who are sick including wearing a mask. A committee member shared that she knows an individual who repeatedly contracts whooping cough as vaccines are ineffective for this individual and advocated for everyone to vaccinate.
- The vending machines in Neenah and Oshkosh have been well-received. The vending machine contains items such as Narcan, pads, and condoms. When an item is dispensed an automatic message is sent as a notification that the item needs to be refilled.
- COVID continues to be monitored via the discharge in the wastewater system. COVID appears to be occurring in a three-month cycle. Public Health continues to provide testing to the public. The recommendation is for yearly vaccination and two vaccinations per year for people age 65 and older.

- G. Items for Next Agenda: September meeting minutes, functional screening presentation (Brian), City of Oshkosh City Cab Services (Jim and Steve); committee member vacancies. Future agenda item: Options for young adults with disabilities (Beth).
- H. Next Meeting Dates: December 9, 2024, and January 13, 2025.
- I. Adjournment: Paul Janty adjourned the meeting.